



Fall 3-Card Tarot Spread & Reading Log

Shuffle, draw three cards, and note what each one brings to mind.

— A SIMPLE 3-CARD SPREAD —



WHAT I AM CARRYING



WHAT SUPPORTS ME



WHAT I CAN SET DOWN

NOTES



Notes on My Reading

Which card appeared, and what did I notice first?

What feeling or memory came up as I looked at it?

What might I carry forward from this reading?

Which card would I like to sit with again this week?
