Tarot Journal Template for Beginners

Record each reading, capture your first impressions, and spot patterns over time.

TAROT JOURNAL PROMPTS

What question did I bring to the cards today?

Which card caught my attention first, and why?

What feeling came up as I laid out the spread?

What part of the reading felt familiar?

One small action I can take this week

Reading Log

Date and question

Cards drawn

First impression

What I noticed

Monthly Reflection

A card that keeps appearing for me

What I understand better about it now

A reading that surprised me

How my questions have changed this month

What I want to explore next