# Crystal Starter Kit Checklist

Choose your first crystals and note what draws you to each stone.

## CRYSTAL STARTER KIT CHECKLIST

- [ ] Set a budget before you shop
- [ ] Choose 3 to 5 stones to start
- [ ] Pick stones you are drawn to first
- [ ] Check color, weight and feel in hand
- [ ] Confirm the stone's name and variety
- [ ] Prefer tumbled stones for beginners
- [ ] Ask how to clean and store the stone
- [ ] Note the traditional meaning on a card
- [ ] Add each stone to your crystal log
- [ ] Skip sellers who promise cures or luck

## NOTES

# My First Crystal Log

**Which stone did you choose first, and why?**

**What does tradition associate with this stone?**

**How did it feel in your hand today?**

**Where will you keep this stone?**

**Which stone do you want to add next?**

# Seven Days With My Starter Kit

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|---|
| Held my stones | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| Wrote one note | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| Read one meaning | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| Cleansed one stone | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| Picked a favorite | ○ | ○ | ○ | ○ | ○ | ○ | ○ |

## NOTES